

LESSON 4
UNITED WE STAND
EPHESIANS 4:1–16



1 When was a time you were part of a team or group that was really “together”? What contributed to that spirit of unity?

2 Why do people sometimes want to ruin the unity that others experience?



Read Ephesians 4:1–16 and the following notes:

- ☐ 4:1, 2 ☐ 4:1–6 ☐ 4:3 ☐ 4:4–7 ☐ 4:11, 12 ☐ 4:12, 13 ☐ 4:14–16
☐ 4:15, 16

3 Why is unity important for the church?

4 Why is diversity important for the church?

5 In what ways can diversity conflict with unity?

6 How should these two work together?

7 What can believers do to keep themselves “united in the Holy Spirit” (4:3)?



The body of Christ is much more than a collection of individual believers assembling at a convenient time and place for worship, prayer, and study. It is an interdependent body unified through our common faith in Christ. In God’s marvelous wisdom, he has created and gifted each believer uniquely, so that we might complement each other in the work of building his Kingdom. While no local congregation can be perfectly harmonious this side of heaven, we should still look for ways to build one another up. We should avoid unnecessary dissension, disagreement, or conflict.

8 When is conflict needed and important in a church?

9 What are some signs of spiritual immaturity? How does it cause division and disunity in the body of Christ?

10 Why do so many believers seem disinterested in attaining spiritual maturity?

11 What actions and attitudes undermine unity within the church?



12 What actions should be taken by the members of your church to promote unity?

13 What can be done to promote unity among churches in your denomination?

14 What can be done to promote unity among churches in your town? Why are different congregations so hesitant to cooperate to attain common goals?

15 What are some ways that people can unknowingly or unintentionally foster dissension in a church? How can they best be made aware of their error?

16 What small step could you take to further the spirit of unity within your church? What are you doing that you should stop?



A Why does Paul refer to himself as a “prisoner for serving the Lord” (4:1)? In what ways are you Christ’s prisoner?

B What “calling” (4:1) have believers received? What does it mean to live a life “worthy” of this calling (4:1)?

C Ephesians 4:11–13 focuses on leadership gifts. What other spiritual gifts have been given to believers? What can your church do to identify spiritual gifts in the church?

D Why has God given the church various leadership roles? What are these roles? Are there any leadership roles that you could fill?

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