

LESSON 5
LIVING IN THE LIGHT
EPHESIANS 4:17—5:20



1 List all the sources of light you can recall.

2 What are some of the uses we have for light?



Read Ephesians 4:17—5:20 and the following notes:

- ☐ 4:17 ☐ 4:17–24 ☐ 4:28–32 ☐ 5:4 ☐ 5:5–7 ☐ 5:8 ☐ 5:10–14 ☐ 5:15, 16
☐ 5:18

3 List all of the examples that you see in 4:17—5:20 of living in darkness.

4 Sum up what it means to live in the light.

5 What does it mean to “follow God’s example” (5:1)?



Living as children of light is quite a challenge! Unfortunately, we seldom live up to the high standard that God has set for us. While this should make us more thankful for God’s forgiveness, it should also strengthen our desire to do what he wants. To live as children of light, we must let the light of the Spirit penetrate every corner of our lives. Then we should allow this light to illuminate the path that God wants us to follow. And finally, we should allow God’s light to shine through us to show the way to others. It’s time to leave the darkness behind.

6 Ideally, how should we respond when we become aware of sin in our lives? What is our natural response?

7 Paul wrote this letter to Christians. Why do believers want to continue walking in the darkness? What can churches do to help people walk in the light?



8 Describe a recent conversation you have had in which someone mentioned that your life was different. What can individual believers do to better shine as Christ’s light in the world?

9 What changes has God made in your life recently? Are you finding these easy or difficult to accept?

10 Why do we resist the changes that God wants to make in our lives?



11 What are some of the areas of your life that you would rather keep hidden from the light of the Spirit?

12 What one area will you make a matter of prayer? Ask God for the courage to open this area to the counsel and guidance of his Holy Spirit.

MORE
for studying
other themes
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A How does a hardened heart contribute to living in the darkness? What can you do to keep your heart open to God's work in your life?

B What does it mean to "throw off your old evil nature" and "display a new nature" (4:22–24)?

C What does it mean to be “created in God’s likeness” (4:24)? In what ways could this be interpreted wrongly?

D In what ways does anger give a “foothold to the Devil” (4:27)? How can a person be angry and not sin? What makes you angry?

E What does it mean to “bring sorrow” to the Holy Spirit (4:30)? How do we keep from doing this?

F How is greed a form of idolatry? What other sins are also idolatry?

G What is the difference between forgiving sin and overlooking sin?

H Why aren’t we *completely* changed when we accept Christ?