

LESSON 6
SETTING OTHERS FREE
GALATIANS 6:1–18



1 In what general ways can we help others?

2 What kinds of personal problems do people have?



Read Galatians 6:1–18 and the following notes:

☐ 6:1–3 ☐ 6:4 ☐ 6:6 ☐ 6:7, 8 ☐ 6:14 ☐ 6:15 ☐ 6:18

3 What does it mean to help someone “back onto the right path” (6:1)?

4 What is the “law of Christ” (6:2), and how can a person fulfill it?

5 In what ways do we reap what we sow (6:7)?

6 We are told to share each other's troubles and problems while being responsible for our own conduct. How is it possible to do both?



There are many reasons for growing weary in doing good. Lack of appreciation, relapses in those we've helped, and the pressures of coping with our own problems all wear us down. Also, our confidence may be undermined by a sense of personal inadequacy. And there are many distractions, including selfishness, critical attitude promoters, and unnecessary side issues. All of these factors cause us to focus on ourselves. It's hard to help others with their troubles when we aren't sure we can handle our own. But strength comes when we reach out to others. In serving others, we not only obey the law of Christ but also experience a refreshing freedom from our own self-centeredness.

7 Why is it especially important to do good to those within the church?



8 What should be our attitude toward other believers' failures?

9 What is the believer's responsibility for carrying his or her own "load"?

10 What is the believer's responsibility in sharing others' troubles?

11 What gets in the way of helping others with their troubles?

12 How can we overcome these interfering factors and make our churches more caring?

13 Whom do you know who is struggling and could use your support? Think of some practical ways in which you could help that person. What steps could you begin to take this week?



A What is the “appropriate time” to which Paul refers (6:9)? And what is the “harvest” he promises? How is that relevant?

B In what ways were the Judaizers boasting in the flesh of their followers? What is wrong with being proud of the impact you have had on others? How do some Christians fall into the trap of boasting?

C What “scars” of Jesus did Paul bear (6:17)? Why were his scars significant to those who knew him? What scars of Jesus do you bear?

D Why is it so important to be supportive of our teachers? Why is it important to care for the financial needs of our pastors?

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