

LESSON 10
HOLD ON!
HEBREWS 10:19–39



1 What project really stretched your limits of endurance?

2 What kept you going?



Read Hebrews 10:19–39 and the following notes:

☐ 10:25 ☐ 10:32–36 ☐ 10:35–38

3 In Hebrews 10:19–25, the author noted five different ways to persevere. What are those five different ways?

4 When do Christians need to persevere (10:32–34)?

5 What can help Christians persevere in their faith (10:34)?

6 How can a Christian's "confidence" be rewarded (10:35–39)?

The Jewish Christians were tempted to give up on their faith and go back to their old way of life. They were pressured and persecuted by the Roman culture and their Jewish brothers. It was easy for them to become disheartened. They needed encouragement to hold on to their faith. Today, believers still face the temptation to give up and give in. Whether it's the continual struggle with a nagging sin or persecution from an enemy, we will always have some opposition to our faith. But if we hold on and do the will of God, we will receive the reward he has promised.



7 Why do Christians give up?

8 When might a person feel like giving up on his/her faith?

9 What does it mean to “hold tightly to the hope we say we have” (10:23)?



10 When do you feel like quitting in your struggle against sin?

11 How can believers encourage each other to persevere?

12 How can the actions described in 10:19–25 help you hold on to your faith?



13 What can you do this week to shore up your faith?

14 Whom can you encourage “to outbursts of love and good deeds” this week (10:24)?

15 What would be especially encouraging to this person?

A What enables us to enter God’s presence at any time (10:19, 20)? What holds you back from talking to God about your deepest needs?

B What kind of person is referred to in Hebrews 10:26–31? Why would someone keep doing something that he/she knows is wrong? What’s so dreadful about falling “into the hands of the living God” (10:31)?

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