

REASONS TO READ PSALMS / *Psalms 1*

When you want . . .

Read . . .

to know how to come to God each day	Psalms 5
to understand yourself more clearly.	Psalms 8
to please God	Psalms 15
to find comfort.	Psalms 23
to learn more about God	Psalms 24
to be forgiven for your sins	Psalms 51
to learn a new song	Psalms 92
to meet God intimately	Psalms 103
to know why you should worship God.	Psalms 104
to understand why you should read the Bible.	Psalms 119
to give thanks to God	Psalms 136
to learn a new prayer	Psalms 136
to feel worthwhile	Psalms 139
to give praise to God	Psalms 145
to know that God is in control	Psalms 146

God's Word was written to be studied, understood, and applied, and the book of Psalms lends itself most directly to application. We understand the psalms best when we "stand under" them and allow them to flow over us like a rain shower. We may turn to Psalms looking for something, but sooner or later we will meet Someone. As we read and memorize the psalms, we will gradually discover how much they are already part of us. They put into words our deepest hurts, longings, thoughts, and prayers. They gently push us toward being what God designed us to be—people loving and living for him.